

HOW TO GET THE MOST OUT OF YOUR MEMBERSHIP

-01-

START BY REFLECTING

Think about what brought you here and what you want to get out of your time as a member.

-02-

DO THE 14-DAY WELCOME TO MASTERY PLAN!

However excited you are to dive right in to all that the membership has to offer, it's important to start with this and complete the contents. It will truly set you up for success.

-03-

FOLLOW THE RIPPLES PATH

Wherever you are on your coaching journey it's important to start the RIPPLES path at the beginning, at Rookie Coach. It's key that you make sure your foundations are in place.

-04-

RECORD YOUR PROGRESS

Make sure you check off all the activities that you complete, in whatever stage you're in. There's nothing better than giving yourself a massive big-up pat on the back to keep you going :-)

-05-

GET ON THE DANCE FLOOR!

Connect with other members via the members' area and attend on-line events. Sharing, listening, connecting - all great ways for you to learn and to get motivated and inspired.

-06-

REGULARLY CHECK IN WITH WHERE YOU ARE

There are different ways you can do this and you'll be introduced to tools during the RIPPLES path and in the member area.

-07-

TIME BLOCK AND DIARISE

Set aside regular time in your schedule for you/your Start The Ripples membership time. It doesn't need to be hours at a time, just consistently regular so that 'me time' becomes a habit.

-08-

ASK US QUESTIONS!

Please don't sit in silence being confused or unsure, we are here for you to ask whatever questions you have.

-09-

GIVE US FEEDBACK

Let us know what's working, what's great, and what's not so great and could be improved. Let us know what you want!

-10-

LAST BUT ABSOLUTELY NOT LEAST..... HAVE FUN!!!

The key to success on any level is FUN! Without fun what's the point hey?! And when we have fun - we keep going and we want more. So even though you're driving an emotional rollercoaster, always remember to let fun on the ride too :-)